

*Bellissimo*



# COWL Easy

## ACCESSORIES

- One **circular** 4.00mm (UK 8) needle (60cm long), or size needed to give correct tension.
- wool needle.

## TENSION

This handknit has been designed at a tension of 22 sts and 30 rows to 10cm over stocking st, using 4.00mm needles. To work a 15cm x 15cm tension square, using 4.00mm needles, cast on 33 sts. Work 44 rows stocking st. Cast off loosely. Check your tension carefully. If less sts to 10cm use smaller needles, if more sts use bigger needles.

## ABBREVIATIONS

**approx** = approximate/ly; **beg** = begin/ning; **cm** = centimetres; **cont** = continue; **incl** = inclusive; **K** = knit; **patt** = pattern; **P** = purl; **RS** = right side; **rep** = repeat/ing; **sl** = slip; **stocking st** = 1 row K, 1 row P; **st/s** = stitch/es; **tog** = together; **WS** = wrong side, **ybk** = yarn back, **yft** = yarn front.

## SPECIAL ABBREVIATION

**K1B** = Knit 1 below – insert right-hand needle into centre of next st one row below on left-hand needle, knit in the usual way allowing st above to slip off needle.

## MEASUREMENTS

Circumference (approx)	cm	75
Length (approx)	cm	35

## MATERIALS

### BELLISSIMO 100% Merino Extra-fine 50g balls

Quantity	5
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Use only the yarn specified. Other yarns are likely to produce different results. Quantities are approximate as they can vary between knitters. Check the ball bands to ensure all yarn is from the same dye lot.

## COWL

Using 4.00mm needles, cast on 163 sts in rib.

**Note** – A circular needle has been used to accommodate the large number of sts, work in **rows**, not rounds.

### Beg Lower Band –

**1st row** – K2, \* P1, K1, rep from \* to last st, K1.

**2nd row** – K1, \* P1, K1, rep from \* to end.

Rep 1st and 2nd rows 4 times ... 10 rows rib in all.

### Beg Fishermans Rib –

**1st row (RS)** – \* P1, **K1B**, rep from \* to last st, K1.

**2nd row (WS)** – Sl 1 purlways, ybk, knit to last st, yft, sl 1 purlways.

Last 2 rows form Fishermans Rib.

Cont in Fishermans Rib until work measures 15cm from beg, ending with a 1st row.

### Beg Ridge Patt –

**1st row (WS)** – Knit.

**2nd row (RS)** – Purl.

### 3rd row – Knit

### 4th row (RS) – Knit.

### 5th row – Purl.

### 6th row – Knit.

Rows 1 to 6 incl form ridge patt.

Cont in ridge patt until work measures approx 32cm from beg, ending with a 3rd row.

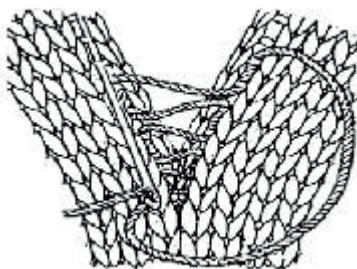
### Beg Upper Band –

Work 10 rows rib as for lower band. Cast off loosely in rib.

## TO MAKE UP

We do not recommend pressing this Cowl, due to the textural sts used.

Using mattress st, join side edges tog to form Cowl.



### Mattress stitch seam

1. With right side facing, lay the two pieces to be joined flat and edge to edge. Thread a wool needle with yarn and insert the needle between the edge stitch and the second stitch on the first row. Pass the needle under two rows, then bring it back through to the front.
2. Return to the opposite side and, working under two rows at a time throughout, repeat this zig zag action always taking the needle under the strands that correspond exactly to the other side, and going into the hole that the last stitch on that side came out of, taking care not to miss any rows.
3. A good mattress stitch seam is to keep the seam elastic without allowing it to stretch too much.

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