

CABLED COWL

Intermediate

ACCESSORIES

- One pair 4.00mm (UK 8) knitting needles, or size needed to give correct tension.
- Cable needle
- Wool needle

TENSION

This handknit has been designed at a tension of 21 sts and 44 rows to 10cm over garter st, using 4.00mm needles.

To work a 15cm x 15cm tension square, using 4.00mm needles, cast on 31 sts. Knit 66 rows garter st. Cast off loosely. Check your tension carefully. If less sts to 10cm use smaller needles, if more sts use bigger needles.

ABBREVIATIONS

approx = approximate/ly; **beg** = begin/ning; **cm** = centimetres; **cont** = continue; **garter st** = every row knit; **K** = knit; **P** = purl; **patt** = pattern; **RS** = right side; **rep** = repeat/ing; **sl** = slip; **st/s** = stitch/es; **WS** = wrong side.

SPECIAL ABBREVIATION

cable = slip next 12 sts onto cable needle and leave at back of work, (K2, P2) twice, K2, then (P2, K2) 3 times from cable needle.

MEASUREMENTS

Width (approx)	cm	20
Circumference (approx)	cm	110

MATERIALS

BELLISSIMO 8 100% Merino Extra-fine 50g balls

Quantity	4
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Use only the yarn specified. Other yarns are likely to produce different results. Quantities are approximate as they can vary between knitters. Check the ball bands to ensure all yarn is from the same dye lot.

COWL

Using 4.00mm needles, cast on 54 sts.

1st row (RS) – K16, (K2, P2) 5 times, K18.

2nd row – Sl 1 purlways, P1, K14, (P2, K2) 5 times, P2, K14, P1, sl 1 purlways.

Rep last 2 rows 4 times.

11th row – K16, cable, K16.

12th row – As 2nd row.

Rep 1st and 2nd rows 5 times.

Last 22 rows form patt.

Cont in patt until work measures

approx 110cm from beg in **centre** of work, ending with a complete patt rep.

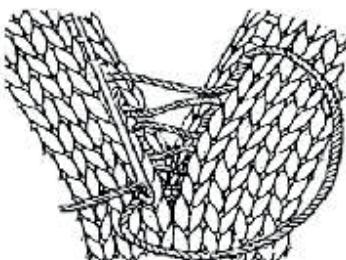
Cast off loosely in patt.

TO MAKE UP

With a slightly damp cloth and warm iron, press lightly on WS if desired, taking care not to flatten patt. Using mattress st, join cast on and cast off edges tog to form Cowl.

Mattress stitch seam

1. With right side facing, lay the two pieces to be joined flat and edge to edge. Thread a wool needle with yarn and insert the needle between the edge stitch and the second stitch on the first row. Pass the needle under two rows, then bring it back through to the front.
2. Return to the opposite side and, working under two rows at a time throughout, repeat this zig zag action always taking the needle under the strands that correspond exactly to the other side, and going into the hole that the last stitch on that side came out of, taking care not to miss any rows.
3. A good mattress stitch seam is to keep the seam elastic without allowing it to stretch too much.



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